

**Sexual misconduct** includes sexual harassment, sexual coercion, sexual assault and any conduct of a sexual nature that is without consent.

Sexual Harassment	Sexual Coercion	Sexual Assault
<p><i>Unwelcome conduct of a sexual nature, which can be verbal, nonverbal, or physical.</i></p> <ul style="list-style-type: none"> <li>* Unwanted pressure for sexual favors</li> <li>* Unwanted deliberate touching, leaning over, cornering, or pinching</li> <li>* Unwanted sexual looks or gestures</li> <li>* Unwanted letters, telephone calls, or materials of a sexual nature</li> <li>* Unwanted pressure for dates</li> <li>* Unwanted sexual teasing, jokes, remarks, or questions</li> <li>* Whistling at someone</li> <li>* Cat calls</li> <li>* Sexual comments</li> <li>* Turning work/school discussions to sexual topics</li> <li>* Asking about sexual fantasies, preferences, or history</li> <li>* Sexual comments about a person's clothing, anatomy, or looks</li> <li>* Kissing sounds, howling, and smacking lips</li> <li>* Telling lies or spreading rumors about a person's personal sex life</li> <li>* Touching another person's clothing, hair, or body without their explicit consent</li> <li>* Touching or rubbing oneself sexually around another person</li> <li>* Looking a person up and down</li> <li>* Making sexual gestures with hands or through body movements</li> </ul>	<p><i>Using pressure or persistent attempts to have sexual contact with someone who has already refused.</i></p> <p><b>*** Trying to turn a "No" into a "Yes"</b></p> <ul style="list-style-type: none"> <li>* Efforts to convince you that you owe them — ex. Because you're in a relationship, because you've had sex before, because they spent money on you or bought you a gift, because you went back to their room or house with them</li> <li>* Give you compliments that sound extreme or insincere as an attempt to get you to agree to something</li> <li>* Badger you, yell at you or hold you down</li> <li>* Give you drugs and alcohol to loosen up your inhibitions</li> <li>* Play on the fact that you're in a relationship, saying things such as: "Sex is the way to prove your love for me" or "If I don't get sex from you I'll get it somewhere else"</li> <li>* React negatively (with sadness, anger or resentment) if you say no or don't immediately agree to something</li> <li>* Continue to pressure you after you say no</li> <li>* Make you feel threatened or afraid of what might happen if you say no</li> <li>* Try to normalize their sexual expectations: ex. "I need it, I'm a guy."</li> </ul>	<p><i>Any type of sexual contact forced upon someone who has not given their explicit and enthusiastic consent or with someone who cannot consent, (such as someone who is underage, has an intellectual disability, is under the influence of drugs or alcohol, or is passed out).</i></p> <ul style="list-style-type: none"> <li>* Attempted rape</li> <li>* Sexual contact with a child</li> <li>* Incest (sexual contact between family members)</li> <li>* Someone touching, fondling, kissing or making any contact with your body (touching <b>above</b> or under clothes) without explicit consent.</li> <li>* Someone putting his or her finger, tongue, mouth, penis, vulva or an object in or on your vagina, penis or anus without explicit consent.</li> <li>* Someone forcing you to perform oral sex or forcing you to receive oral sex.</li> <li>* Someone forcing you to touch your body or theirs without your expressed desire to do so.</li> <li>* A doctor, nurse, or other health care professional giving you an unnecessary internal examination or touching your sexual organs without explicit consent.</li> </ul> <div style="border: 2px solid red; padding: 10px; margin-top: 20px;"> <p><b>Date Rape:</b> Rape committed by a person against someone they are dating or with whom they are in a romantic relationship. This includes everything from coercion or force to using alcohol or drugs to diminish a person's defenses or render them unconscious and unable to give enthusiastic consent.</p> </div>

**Remember: Sex with CONSENT is sexy. Sex without consent is RAPE. Respect yourself. Respect your partner.**

- Resources:**
- [www.scarleteen.com](http://www.scarleteen.com)
  - [www.teentalk.ca](http://www.teentalk.ca)
  - [www.REALyouPrograms.com](http://www.REALyouPrograms.com)

# How do I know if I'm engaging in consensual sexual activity?

## Remember:

Consent is an informed and conscious decision by each participant to enthusiastically engage in mutually agreed-upon sexual activity....THROUGHOUT the activity.

Have I asked for consent in a clear and specific way?

YES

NO

Did the person give enthusiastic verbal AND/OR nonverbal consent?

You DO NOT have consent. Do not proceed.

YES

I'm not sure.

NO

You DO NOT have consent. Do not proceed.

Yay! You may proceed to do *exactly* what you asked to do and received consent for. If you want to do something else, start over. Remember, consent is the key to mutually respectful, safe, and enjoyable sexual activity!!

## Non-verbal cues that display a lack of consent:

- When kissing, the person doesn't open their mouth all the way, or has pursed-shut lips.
- The person is not making any sound. No moans, no breaths, no words.
- The person seems stiff and is "freezing up" and not moving.
- The person is crying or seems distressed.
- The person is moving away from you.
- The person is closing their knees or obstructing their genitals in any way.
- The person is expressing pain or discomfort.
- The person is pushing you away (even if you might conceive this to be in a 'playful' way).